

Shore Regional Little League
2023
Safety Plan

Requirement 1 – Safety Officer / Board of Directors:

- League Safety Officer: Chris Grettano is on file with Little League headquarters.
- Shore Regional Little League ("SRLL") Board of Directors:

Name	Email	Day Phone	Officer Type(s)
Chris Grettano	Cag916@gmail.com	843-465-983 7	League President, League Safety Officer, League Field/Scheduling Officer, League Interleague Coordinator
Kelly Calver	kelly.calver@gmail.com	7325006269	League Secretary , League Treasurer , League Information Officer, League Sponsorship/Fundraising Manager
Kevin Calver	kevin.calver@gmail.com	732-500-626 9	League Field/Scheduling Officer, League Player Agent
Laryn Cullen	larynschimpf@hotmail.com	9176127288	Fashion Coordinator (Uniforms)
Jessica Dougherty	missluna77@aol.com	2013882327	League Softball Vice President
Scott Marcantonio	scott.marcantonio@gmail.com	732-614-285 8	League Coaching Coordinator, League Equipment Manager, League Tee-Ball Vice President

Requirement 2 – Safety Manual Distribution:

This electronic version of this Safety Plan will be shared via email to all league personnel/administration and will be available on the SRLL website and its social media pages so

that the families in our league are informed of our efforts and expectations. As set forth more specifically in this Safety Plan, the Board highlights the importance of social distancing, proper personal hygiene, and wearing masks.

Requirement 3 – Emergency Plan:

• Emergency Telephone Numbers:

o Emergency Phone Number: 911

i. Monmouth Beach Police: 732-229-1313

ii. Monmouth Beach Fire: 732-229-2330

iii. Oceanport Police: 732-222-6300

iv. Oceanport Fire: 732-229-9771

v. West Long Branch Police: 732-229-5000

vi. West Long Branch Fire: 732-571-5993

Coronavirus Mitigation Protocol:

o The Board has developed the SRLL SPRING 2021 COVID-19 MITIGATION PLAN (the "Mitigation Plan") which is attached as Addendum 1 to this Safety Plan.

- o All participants shall adhere to the guidelines set forth by their respective state and local government and health officials in terms of public gatherings, organized youth sports, and sporting events, which can be found here:
 - https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html
- o Specifically, all participants should familiarize themselves with and follow the "Guidance for Sports Activities" published by the New Jersey Department of Health (NJDOH), which can be found here:
 - https://nj.gov/health/cd/documents/topics/NCOV/COVID_GuidanceForSportsActivities.pdf.
- o Participants will review and follow the current "Best Practices on Organizing, Playing, And Watching Little League® Baseball and Softball During the Coronavirus Pandemic". Current "Best Practices" can be found here: https://www.littleleague.org/downloads/best-practices.
- o Prior to the start of the season, the Board will send an email to participants which included the Mitigation Plan and which has appropriate information links advising all participants to review and follow the:
 - "Best Practices";
 - "Guidance for Sports Activities" published by the New Jersey Department of Health (NJDOH); and

 Guidelines set forth by their respective state and local government and health officials.

• Contract Tracing/Public Health Investigation:

- o Coaches, participants, and others engaging in sports activities must cooperate with local health departments (LHDs) on contact tracing. Contact tracing is the process used to identify those who have come into contact with people who have tested positive for many contagious diseases, including COVID-19. It is a long-standing practice and is an integral function of LHDs.
- o Given that club sports teams and recreational sports teams are comprised of students enrolled in local school districts, it will be necessary for both club/recreational youth sports staff and school district staff, including but not limited to administrators, school nurses, school safety specialists, counselors, and any other staff deemed appropriate by the school district, to collaborate with and assist LHDs with contact tracing in the event of illness of a player, coach, referee, athletic trainer, and/or anyone else involved with a sports team/group. Additionally, all school districts and club/recreational youth sports staff should collaborate with LHDs to develop contact tracing policies and procedures, as well as identify the best methods to educate the broader school and youth sports community on the importance of the public health investigation and contact tracing.

- o IF YOU TEST POSITIVE FOR COVID-19! THE PERSON THAT TESTED POSITIVE AND THEIR FAMILIES MUST FOLLOW THE "INSTRUCTIONS AND NEXT STEPS" OUTLINED BY THE NEW JERSEY DEPARTMENT OF HEALTH WHICH CAN BE FOUND HERE:

 HTTPS://WWW.NJ.GOV/HEALTH/CD/DOCUMENTS/TOPICS/NCOV/COVID_INSTRUCTION NS PERSONS WHO TEST POSITIVE.PDF.
- O SRLL BOARD WILL SEND OUT AN EMAIL TO ALL PARTICIPANTS ADVISING THAT:
 - IF YOU TEST POSITIVE FOR COVID-19 YOU SHOULD CONTACT THE SRLL BOARD AT:
 SHOREREGIONALLL@GMAIL.COM
 - YOUR EMAIL SHOULD INCLUDE A COPY OF THE POSITIVE TEST RESULT.
 - YOUR EMAIL SHOULD INCLUDE A LIST OF EVERYONE WHO WAS IN "CLOSE CONTACT" WITH THE PERSON WHO TESTED POSITIVE. YOU CAN FIND OUT WHAT "CLOSE CONTACT" MEANS HERE: HTTPS://WWW.CDC.GOV/CORONAVIRUS/2019-NCOV/PHP/CONTACT-TRACING/C ONTACT-TRACING-PLAN/APPENDIX.HTML#CONTACT\
 - SRLL WILL REACH OUT TO ALL "CLOSE CONTACTS". WE WILL NOT DISCLOSE THE IDENTITY OF THE INFECTED PERSON BUT WILL ADVISE THE "CLOSE CONTACT" THAT THEY HAVE BEEN IN "CLOSE CONTACT" WITH A PERSON WHO HAS TESTED POSITIVE FOR COVID-19. THE BOARD WILL ADVISE THAT THE "CLOSE CONTACT" SHOULD:

- SELF-QUARANTINE AT HOME FOR FIVE DAYS, THEN GET TESTED (NEGATIVE RESULT, BUSINESS AS "USUAL"; POSITIVE RESULT, YOUR WHOLE FAMILY SHOULD FOLLOW THIS PROTOCOL); OR
- SELF-QUARANTINE AT HOME FOR AT LEAST 10 DAYS, IF YOU DON'T WANT TO GET TESTED AND REMAIN SYMPTOM-FREE.
- SRLL WILL FORWARD THE POSITIVE TEST RESULTS AND THE "CLOSE CONTACTS"
 LIST TO THE APPLICABLE LHD:
 - MONMOUTH BEACH / WEST LONG BRANCH / SEA BRIGHT:
 - SERVED BY MONMOUTH COUNTY REGIONAL HEALTH COMMISSION # 1.
 - o HEALTH OFFICER: DAVID HENRY
 - o HEALTH OFFICER CONTACT: 732-493-9520
 - o EMERGENCY AFTER HOURS CONTACT: 732-493-9520
 - o WEBSITE: https://www.mcrhc.org/
 - o EMAIL INFORMATION TO: DHENRY@MCRHC.ORG AND ARIZVI@MCRHC.ORG

• OCEANPORT:

- o OCEANPORT IS SERVED BY MONMOUTH COUNTY BOARD OF HEALTH.
- o HEALTH OFFICER: CHRISTOPHER MERKEL
- o HEALTH OFFICER CONTACT: 732-431-7456

- EMERGENCY AFTER HOURS CONTACT: 732-431-7456
- o EMAIL INFORMATION TO: HEALTH@CO.MONMOUTH.NJ.US

Requirement 4 – Volunteer Application: SRLL will use the Official Little League Volunteer Application form to screen our volunteers. All volunteers shall complete this process electronically. For volunteers new to the league, or those returning, SRLL will use the JDP QuickApp or the JDP/Sports Connect Integration to process volunteer applications and conduct the required annual background checks.

<u>Requirement 5 – Fundamentals Training</u>: All managers and coaches are required to complete the Rutgers S.A.F.E.T.Y. . <u>Upcoming Events – Rutgers Youth Sports Research Council (live-ru-ysrc.pantheonsite.io)</u>

Any manager or coach who has not attend a SRLL approved coaches' clinic in the past three years will be required to attend the virtual "Community Clinic" for managers and coaches available here:

 $\frac{https://usabdevelops.com/USAB/Certification/Coach_Clinics/USAB/Certification/Coach_Clinics.asp}{x?hkey=d5ad9902-b636-4194-baf4-177059516db7}$

<u>Requirement 6 – First-Aid Training</u>: Any approved manager, coach, or league official will be required to attend First-Aid training. SRLL will contact its local health care system, medical facility or EMS and find a medical professional who could conduct this training for the league. SRLL will ask

the medical professional to include the proper safety procedures for administering first-aid during the coronavirus pandemic as part of the training. SRLL plans to conduct the training before the 2023 season.

Requirement 7 – Check Field Conditions:

- Coaches will be required to inspect the field being used before each practice and game.
- Umpires will be required to walk the field being used to inspect for safety hazards before each game.
- Coaches and Umpires should:
 - o Evaluate the facilities to ensure that appropriate social distancing can be achieved.
 - o Clear any debris and check for divots, holes, large rocks, broken glass, or sharp items sitting on, or lodged into the playing surface.
 - o Inspect the home plate area to ensure the dirt isn't too compressed in the batter's box, and that none of the plate's black edges are protruding from the ground.
 - o Fill in any ruts in front of the pitcher's plate in the pitcher's landing spot at the front of the mound. If necessary, using clay or another compacting material to level the pitcher's plate area and firm the front of the mound. Be sure the sufficiently cover these areas with infield dirt.

- o Physically inspect the bases to confirm they are detachable and comply with Little League® rules to help avoid shoulder, arm, collarbone, wrist, leg, ankle, and foot injuries.
- o Inspect the dugouts for cleanliness, and that there are no exposed nails, sharp edges, or tripping hazards.
- o Evaluate the bleachers for stability, sturdiness, and cleanliness.
- o Observe the park's fencing for any loose, curled, rusted, and/or frayed components, which may require plastic guards.

<u>Requirement 8 – Facility Survey</u>: SRLL will complete its 2023 Facility Survey online in conjunction with the submission of this Safety Plan.

<u>Requirement 9 – Concession Stand Safety</u>: SRLL does not have any concession stands. In the unlikely event that it establishes any concession stand, it will adopt the "Concession Stand Tips" available on the Little League website and will post those tips at the concession stand in addition to complying with any other safety procedures and postings that may be required by law.

Requirement 10 – Equipment Check:

Managers/coaches will inspect equipment prior to each game; and

• Umpires will be required to inspect equipment prior to each game.

Requirement 11 – Accident Reporting:

- Accident Claim Forms and Incident Injury Tracking Forms (available here:
 https://www.littleleague.org/forms-publications/#new-and-updated) should be submitted to the League Safety Officer with 24-48 hours of any accident.
- "Near-misses" should also be reported to the League Safety Officer who will track those incidents and share information on accidents and "near-misses" with district staff.

<u>Requirement 12 – First Aid Kit</u>: Each team will be issued an updated first aid kit and will be required to have it present at every practice and game.

Requirement 13 – Enforce Little League Rules:

- All participants are required to follow all Little League Rules.
- Participants are reminded that most Little League Rules have a basis in safety and should be strictly followed.

- Coaches and managers should review the Little League Rules prior to the start of the season and are responsible for enforcing the Rules at practices and games, including:
 - o Proper equipment for catchers;
 - o No on-deck batters;
 - o Coaches will not warm up pitchers; and
 - o Bases will disengage on all fields.

<u>Requirement 14 – Player / Coach Data</u>: All league player registration data and coach / manager data will be submitted through the Little League Data Center.

Requirement 15 - Answer New Survey Questions for 2023:

- If COVID-19 restrictions allow, is your league comfortable participating in the Little League International Tournament, including travel to tournament locations?
 - o SRLL Answer: Yes.
- Are there any additional actions that Little League International can take or resources it can
 offer to local leagues to supplement local COVID Safety Plans that would make the league
 more comfortable participating in the Little League International Tournament?
 - o SRLL Answer: Not at this time.

Miscellaneous:

- SRLL will strongly recommend that each child wear a "heart guard" tee shirt under his/her uniform.
- SRLL will remind all parents of the NJ State Law requiring children wearing corrective lenses to wear "sports glasses" during all games and practices, details to be provided upon request.
- All medical, claim, volunteer, and many other forms can be found at www.littleleague.org/learn/forms.